## Con Corazón Outreach Report

8th November 2024 – Marampaqui

In the remote villages of the Andes in Peru, where agriculture is often limited by harsh weather and soil conditions, greenhouses present a transformative opportunity. By implementing more greenhouses, these communities can grow vegetables year-round, overcoming the challenges posed by the region's unpredictable climate. Greenhouses provide controlled environments that protect crops from frost and pests, allowing for the cultivation of nutrient-rich vegetables from lettuce, onions, peppers to medicinal plants.

Growing vegetables in greenhouses can diversify diets and reduce dependence on imported foods, which are often expensive and nutritionally lacking. Expanding greenhouse use in rural Peruvian villages also has the potential to combat malnutrition, a widespread issue in many parts of the Andes. With better access to fresh vegetables, families can improve their daily diets and health, contributing to the well-being of future generations. By implementing more greenhouses, these communities can strengthen their resilience and build a sustainable path toward food sovereignty.

### Activities

Medicine, we have seen 25 patients.

Dentist, 13 patients

Laboratory, 10 lab tests were done.

Health promotion for all our patients.

**Ayudando Con Corazón**

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## Photo Gallery

There will always be a line of patients waiting for dental treatment, with Dr. Eliana addressing the issues related to oral health diseases.

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