Con Corazón Outreach Report

23th March 2026 – Marampaqui

Educational sessions aim to empower community members with practical knowledge that can improve their well-being and quality of life.

A remarkable aspect of this program has been the personal transformation experienced by Yamilet, Con Corazón's administrator and one of the main health educators. As she prepares and delivers health talks on a regular basis, she finds herself increasingly reflecting on the messages she shares with others. Over time, the recommendations she teaches have become part of her own daily routine.

Yamilet often notes that the more she speaks about prevention and healthy habits, the more conscious she becomes of her own health choices. This has inspired positive changes in her lifestyle, reinforcing the importance of leading by example. Her personal growth has also strengthened her confidence as a speaker and health promoter.

Through her dedication, Yamilet demonstrates that health education not only benefits the audience but can also transform those who deliver it. Her experience reflects Con Corazón's belief that lasting change begins with knowledge, commitment, and the willingness to put healthy practices into action.

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Activities

Medicine, we have seen 25 patients.

Dentist, 13 patients

Laboratory, 11 lab tests were done.

Health promotion for all our patients.

Ayudando Con Corazón

Urb. Cerveceros 12-A · Wanchac · Cusco · Perú
www.con-corazon.org · ayudando@con-corazon.org
T: +51 950155011

Photo Gallery

Wendy, our microbiologist, had a busy day at the office. Apparently there are more stomach pain issues due to water contamination, according to the parents.

Wendy multitasks as she also organizes patients through the different services our Medical Center offers. When there are plenty of patients, sometimes she supports as a dental assistant.